

# **POPULATION AGEING AND AUSTRALIA'S FUTURE**



# POPULATION AGEING AND AUSTRALIA'S FUTURE

EDITED BY HAL KENDIG, PETER MCDONALD AND JOHN PIGGOTT



Australian  
National  
University

---

P R E S S



Published by ANU Press  
The Australian National University  
Acton ACT 2601, Australia  
Email: [anupress@anu.edu.au](mailto:anupress@anu.edu.au)  
This title is also available online at [press.anu.edu.au](http://press.anu.edu.au)

---

National Library of Australia Cataloguing-in-Publication entry

Title: Population ageing and Australia's future / editors: Hal Kendig, Peter McDonald, John Piggott.

ISBN: 9781760460662 (paperback) 9781760460679 (ebook)

Subjects: Population aging--Australia.  
Population forecasting--Australia.  
Older people--Australia.

Other Creators/Contributors:  
Kendig, Hal, 1948- editor.  
McDonald, Peter F., 1946- editor.  
Piggott, John, 1947- editor.

Dewey Number: 304.610994

---

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying or otherwise, without the prior permission of the publisher.

Cover design and layout by ANU Press.

This edition © 2016 ANU Press

# Contents

Foreword . . . . .	vii
Acknowledgements . . . . .	xi
Contributors . . . . .	xiii

## Part 1. Perspectives on ageing

1. Introduction: A multidisciplinary approach to ageing . . . . .	3
Hal Kendig, Peter McDonald and John Piggott	
2. Ageing and social change in Australia. . . . .	19
Cathy Gong and Hal Kendig	
3. Population ageing in Australia—National policy challenges and future directions . . . . .	47
John Piggott	

## Part 2. Population ageing: Global, regional and Australian perspectives

4. Ageing in Australia: Population changes and responses . . . . .	65
Peter McDonald	
5. Declining fertility and the rising costs of children and the elderly in Japan and other selected Asian countries: An analysis based upon the NTA approach . . . . .	85
Naohiro Ogawa, Rikiya Matsukura and Sang-Hyop Lee	
6. Facing the challenges of an ageing society. . . . .	111
Jan Pakulski	

## Part 3. Improving health and wellbeing

7. Social research and actions on ageing well. . . . .	137
Hal Kendig and Colette Browning	
8. Enhancing cognitive capacities over the life-span. . . . .	165
Kaarin J Anstey	

- 9. Social engagement in late life . . . . .185  
Tim D Windsor, Rachel G Curtis and Mary A Luszcz
- 10. Wellbeing and its improvability as a national goal . . . . .205  
Richard A Burns and Colette Browning

**Part 4. Responses by government  
and families/individuals**

- 11. Retirement income strategies for an ageing population. . . . .233  
Hazel Bateman
- 12. Ageing, entitlement and funding health care . . . . .261  
Jane Hall and Kees van Gool
- 13. Financing aged care: The role of housing wealth  
and intergenerational relationships . . . . .281  
Rachel Ong
- 14. Conclusions: An historic triumph that presents  
big challenges for public policy. . . . .303  
Andrew Podger

- Appendix 1: International perspectives and global benchmarking . . .313  
Hal Kendig and Lisa Cannon